

EATING FOR THE

H E A L T H

OF IT! *at Middlesboro Library*

Call 606-248-4812 to register

DATE&TIME

Jan. 13

1:00pm

LESSON

"Reading Food Labels for Every Body"

RECIPE

Speedy Chili

*Christy Blevins: 606-337-2376
email: christy.blevins@uky.edu*



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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